

INTEGRATIVE NUTRITION

THE FUTURE OF NUTRITION

Most people now begin realizing that they live in the matrix.
What most people don't realize is that the matrix lives in them.

Whenever we permit sodas, candy bars, junk food, and cigarettes
to enter our body, we're letting the energies and vibes of
corporations, factories, offices, CEOs, and executives into our
very being. These are the active ingredients of the matrix.

Zohar Zemach Wilson
www.alokhealth.com